



EDUCATIONAL
TOURS

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This is also your tour number

DISCOVER BELIZE

8 days | Belize City | Cayo region | Southern coast

In Belize, explore two different ecosystems—jungle and coastal. Hike through lush forest and snorkel in the Caribbean, learn about the fascinating history and traditions of the indigenous Garifuna people, and visit the archaeological site of Xunantunich for a glimpse into ancient Maya culture.

EVERYTHING YOU GET:

-  **Full-time Tour Director**
-  **Sightseeing:** Comprehensive sightseeing of natural attractions
-  **Entrances:** Xunantunich Ruins; ziplining adventure; hot sauce factory tour; cave tubing; Garifuna Museum; snorkeling; farm visit
-  **Experiential learning:** Maya cooking and pottery experience; chocolate-making tour; Garifuna cultural presentation
-  **Personalized learning guide:** Our personalized learning experience engages students before, during, and after tour, with the option to create a final, reflective project for academic credit.
-  **All of the details are covered:** Round-trip flights on major carriers; comfortable motorcoach; boat; 7 overnight stays in hotels; 3 meals daily; dinner on arrival day; breakfast on departure day



Maya cooking experience



Anyone can see the world.

YOU'RE GOING TO EXPERIENCE IT.

As you can see, your EF tour includes visits to the places you've learned about in school. That's a given. But it's so much more than that. Immersing yourself in new cultures—surrounded by the people, the language, the food, the way of life—creates inspirational moments that can't be listed in an itinerary. They can only be experienced.

And the experience begins long before you get your passport stamped and meet your Tour Director in your arrival city. It begins the moment you decide to go. Whether it's connecting with other travelers on Facebook, Twitter, or Instagram, or delving deeper into your destinations with our personalized learning experience, the excitement will hit you long before you pack your suitcase.

When your group arrives abroad, everything is taken care of so you can relax and enjoy the experience. Your full-time Tour Director is with your group around the clock, handling local transportation, hotels, and meals while also providing their own insight into the local history and culture. Expert local guides will lead your group on sightseeing tours, providing detailed views on history, art, architecture, or anything you may have a question about.

When your journey is over and you're unpacking your suitcase at home, you'll realize the benefits of your life-changing experience do not end. They have just begun.

@EFtours I attribute my college semester abroad to the love for travel I discovered on an EF Tour in high school #traveltuesday

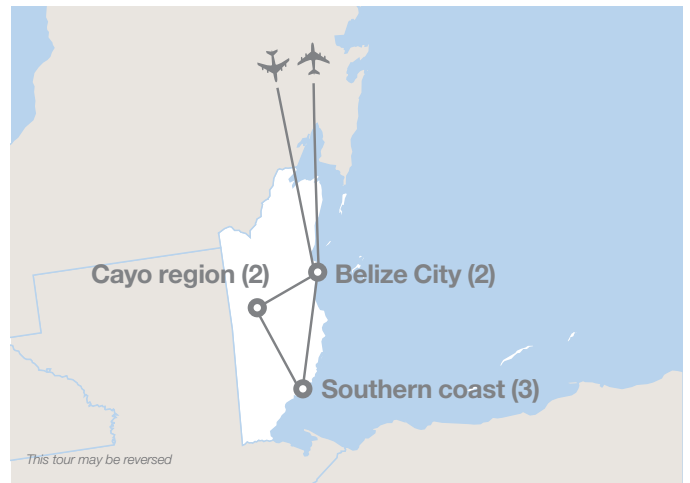
– MELISSA, TRAVELER



CHECK OUT WHAT A TOUR IS ALL ABOUT

Watch the videos at [eftours.com/](https://www.ef-tours.com/)

Your teacher's Tour Website



Learn about Belize from expert local guides



Take a drum lesson with the local Garifuna people



Visit the Xunantunich ruins

What you'll experience on your tour

Day 1: Fly to Belize

- Meet your Tour Director at the airport in Belize City.

Day 2: Belize City | Cayo region

- Travel to the Cayo region.
- Experience the thrill of a ziplining adventure through the Belize canopy. *(Participants must weigh less than 275 lbs.)*
- Cross the Mopan River via hand-cranked ferry.
- Explore the Xunantunich Ruins, an archaeological site that features ancient Maya temples.
- Take a tour of a hot sauce factory, where you'll see where peppers are grown and how they're harvested. Adventurous eaters can sample different kinds of locally made hot sauces. Hot sauces are a staple in Belize, and are particularly unique for their carrot-based recipe.

Day 3: Cayo region

- Enjoy a Maya cooking and pottery experience. Help make corn tortillas alongside local women, and try your hand at crafting traditional Maya pottery.
- Explore on your own or [👉 enjoy a canoe experience.](#)

Day 4: Cayo region | Southern coast

- Travel to Belize's southern coast.
- Visit St. Herman's Blue Hole National Park to explore the deep and extensive caverns of St. Herman's Cave. Experience tropical wildlife and float in tubes through hidden caves that contain remnants of sacrificial offerings from the Mayan era.
- Visit the Garifuna Museum to learn about Garifuna culture and history.

Day 5: Southern coast

- Visit a chocolate farm to explore the process of small-scale chocolate manufacturing. Learn how the business supports local cacao growers, Maya communities, and sustainable agriculture through fine-tuned fermentation and drying techniques.
- Enjoy a lunch of traditional Maya cuisine.

Day 6: Southern coast

- Learn about Belize's barrier reef, which Charles Darwin once referred to as "the most remarkable reef in the West Indies." As the longest barrier reef in the Western Hemisphere, its vast ecosystem hosts everything from giant whale sharks to microscopic algae.
- Go snorkeling in the nearby Cayes.
- Interact with local Garifunas through a drum lesson and presentation about traditional Garifuna culture.

Day 7: Southern coast | Belize City

- Visit a local farm to see how one of Belize's top exports is grown and harvested.
- Continue on to Belize City.

Day 8: Depart for home

This country is the place to study exotic animals, delicate butterflies, stunning marine life, the fragile eco-systems of jungle and oceans, and the wonders of ancient civilizations. This small country is a MUST-see, MUST-do experience!"

– KATHRYN, GROUP LEADER

“ Tour review

Too awesome for words. Can't put a price on an experience like that. I absolutely loved every second of Belize!

– RICHARD, STUDENT

“ Tour review

TOP THREE THINGS I WILL SEE, DO, TRY, OR EXPLORE

1. _____
2. _____
3. _____

— The easiest ways to —
ENROLL TODAY



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eftours.com/enroll



Enroll by phone
800-665-5364



Enroll by mail
EF Educational Tours
Two Education Circle
Cambridge, MA 02141

My daughter has gained such an amazing view of the world and history from this experience. She has not stopped talking since I picked her up at the airport. Thank you for all the organization, helpful hints, flexible payment plan, and knowledgeable tour guides.

—CHARLOTTE, PARENT OF TRAVELER

“ Tour review

THE WORLD LEADER IN INTERNATIONAL EDUCATION

For over 55 years EF has been working toward one global mission: *Opening the World Through Education*. Your teacher has partnered with EF because of our unmatched worldwide presence, our focus on affordability, and our commitment to providing experiences that teach critical thinking, problem solving, collaboration, and global competence. What's more:

- **We always offer the lowest prices** so more students can travel.
- **We're fully accredited, just like your school**, so you can earn credit while on tour.
- **All of our educational tours feature experiential learning activities** and visits to the best sites.
- **We're completely committed to your safety.** We have more than 600 schools and offices in over 50 countries around the world, so local EF staff members can react quickly and in person wherever you travel.
- **Your full-time Tour Director is with your group** every step of the way on tour, providing insight about your destinations as well as great local tips.

