



EDUCATIONAL
TOURS



GLOBAL LEADERSHIP SUMMIT:
THE IMPACT OF SPORTS & WELLNESS

Munich & Leadership Conference

Welcome to Germany: home of iconic architecture, dedicated fans, and really good pretzels. As the host of multiple FIFA World Cups and three Olympic Games, this country truly understands the impact of sports—both locally and globally. During this tour, you'll bike through Bavaria, visit Neuschwanstein Castle, and discover the importance of teamwork everywhere in between. In Munich and Berlin, compare two impressive Olympic stadiums, and consider the courage, discipline, and teamwork it takes to get there. After exploring Olympic ideals and values—from balancing the mind and body, to promoting culture and education—put what you've learned into action at a three-day leadership conference in Berlin. Here, you'll come together with other students and teachers to focus on *The Impact of Sports & Wellness* around the world.

10 DAY TOUR: JULY 2–11, 2022

The Impact of Sports & Wellness

For centuries, sports have helped people build resilience and the power to collaborate—but more than that, they've built bridges within communities and between cultures. It's just one way the world approaches wellness: a deeply personal, yet universal topic. Our upcoming Global Leadership Summit will explore *The Impact of Sports & Wellness*, from what people eat and think to how we care for ourselves and stay active. Let's come together to better understand the global focus on well-being and our evolving thoughts on how to achieve it.

WHAT TO EXPECT ON A SUMMIT

Immersive travel

Explore Europe on an immersive educational tour centered around *The Impact of Sports & Wellness* in eye-opening destinations.

Thought leaders among us

Learn from experts during engaging workshops and discussions. Past Summit speakers include Al Gore, Jane Goodall, Sir Ken Robinson, and Soledad O'Brien.

Project-based learning

Working on a small international team, you'll use the design-thinking process to create and present solutions to a global challenge.

Change you can feel

From innovative thinking to public speaking, every moment at an EF Summit is designed to inspire growth.

YOUR EXPERIENCE INCLUDES

Full-time Tour Director; 4 sightseeing tours led by expert, licensed local guides; 1 experiential activity; entrance fees for Olympiapark München, Neuschwanstein Castle, bike ride, Olympiastadion Berlin; conference registration; weShare; round-trip flights on major carriers; comfortable motorcoach; hotels with private bathrooms; breakfast and dinner daily; lunch on days 8 & 9



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Innovate.
Collaborate.
Dance break.
Repeat.



Day 1: Fly overnight to Germany

Day 2: Munich

- Meet your Tour Director at the airport in Munich, Germany's third largest city that has hosted the 1974 and 2006 FIFA World Cups and the 1972 Olympics.
- Stroll through the heart of Munich on a walking tour, and start to discover the role of sports in the city's culture. Explore the city center, Marienplatz, and see the famous Glockenspiel at Old Town Hall.

Day 3: Munich

- Take an expertly guided tour of the city, passing the headquarters of BMW, the fashionable Schwabing district, and the Residenz—once home to the Wittelsbach dukes of Bavaria.
- Visit Olympiapark, the site of the 1972 Summer Olympic Games that continues to serve as a venue for cultural and social events. Get an up-close look at the Olympic Stadium on a guided tour and enjoy the views from the VIP area.

Day 4: Munich

- Travel to Neuschwanstein Castle, the model for Disneyland's Sleeping Beauty Castle. Perched in the Bavarian Alps, this fairy-tale fortress was the brainchild of "Mad" King Ludwig.
- Get your mind and body moving on a bike ride.
- Enjoy some free time to continue exploring Munich.



Discover Berlin's role as a popular hub for sports in Germany and Europe as you explore this lively capital city.



Olympiapark, the 1972 Olympic park in Munich, is filled with lush greenery, bike paths, lakes, concert venues, and a stadium.

Day 5: Munich | Nuremberg | Berlin

- Travel to Berlin via Nuremberg, the German city where the Nuremberg Trials were held.
- Continue on to Berlin. Known for vibrant art and sustainable living, this progressive city is also celebrated for its talented team sports, like gymnastics, and overall focus on wellness. In addition to the 1936 Olympics, Berlin hosted the 2006 FIFA World Cup Final and is home to the annual Berlin Marathon.
- Stretch your legs on a walking tour of Berlin. Learn about the strong Olympic ideals ingrained into this capital city, and begin to understand why sports are so important to the local communities.

Day 6: Berlin

- Take an expert-led tour of Berlin to see the Brandenburg Gate, Kurfürstendamm, and remains of the Berlin Wall.
- Visit Olympiastadion Berlin, the second Olympic Stadium of your tour and site of the 1936 Summer Olympics. Explore collaboration, perseverance, and other valuable skills through the lens of sports.

Day 7: Berlin | Leadership Conference

- Participate in a group activity, and explore the importance of teamwork and leadership in sports.
- Kick off your leadership conference experience.

Days 8–9: Leadership Conference in Berlin

The conference continues as you connect with other students and educators in this inspiring and innovative setting. Over the course of the conference, you'll hear from world-renowned speakers, work with local and global experts, and collaborate with peers in small international teams. Using the design-thinking process, students will develop solutions related to well-being.

Day 10: Depart for home

Head to the airport with more knowledge of what motivates you and what matters to others, along with the skills needed to make a difference back home.

One of the most iconic landmarks in Berlin, the Brandenburg Gate has become a national symbol of peace and unity.



JOIN A GLOBAL COMMUNITY. MAKE A LASTING IMPACT.

EF Global Leadership Summits help today's students become tomorrow's leaders. It's immersive travel, meets three-day student leadership conference, meets change you can see and feel—and it doesn't stop there.

Each Summit has a unique theme that challenges students to tackle a significant global issue. This programming goes hand-in-hand with specially designed educational tours, where students will experience eye-opening destinations from an entirely new perspective.

So, what does learning look like for students at an EF Summit?

- **Finding what motivates you.** Explore global topics alongside world-renowned speakers and while attending expert-led workshops.
- **Discovering what matters to others.** Collaborate in international teams to prototype innovative solutions to global challenges. The top teams will pitch their ideas on stage to earn a spot in the Nobel Prize Museum in Stockholm, Sweden.
- **Using it all to make a difference.** Bring these lessons home with you to create positive change in your own community. You can also further deepen your Summit experience by enrolling in an exclusive online course through Southern New Hampshire University that will earn you three transferable college credits.

When you join a Global Leadership Summit, you join an awesome and inclusive community of global citizens. Let's come together to see what we're capable of.

Visit eftours.com/summithighlights to see our past Summits in action.

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