



GLOBAL LEADERSHIP SUMMIT:
THE IMPACT OF SPORTS & WELLNESS

Leadership Conference, Madrid & Barcelona

For many, flamenco, food, and fantastical architecture make Barcelona and Madrid unforgettable. For sports fans everywhere, world-famous *fútbol* cultures make these Spanish cities iconic. During your tour, you'll take in the traditions of Spain as you interact with locals and explore its national sport. Known as soccer to Americans, *fútbol* is a huge part of Spanish life. Before journeying through Spain, come together with other students and teachers in Berlin to focus on *The Impact of Sports & Wellness around the world*. Then, head to Madrid: home to renowned works of art and some of the best *fútbol* players in the world. End your trip in the lively streets of Barcelona, where you'll experience Catalan culture and Barça fandom.

11 DAY TOUR: JULY 6–16, 2022

The Impact of Sports & Wellness

For centuries, sports have helped people build resilience and the power to collaborate—but more than that, they've built bridges within communities and between cultures. It's just one way the world approaches wellness: a deeply personal, yet universal topic. Our upcoming Global Leadership Summit will explore *The Impact of Sports & Wellness*, from what people eat and think to how we care for ourselves and stay active. Let's come together to better understand the global focus on well-being and our evolving thoughts on how to achieve it.

WHAT TO EXPECT ON A SUMMIT

Immersive travel

Explore Europe on an immersive educational tour centered around *The Impact of Sports & Wellness* in eye-opening destinations.

Thought leaders among us

Learn from experts during engaging workshops and discussions. Past Summit speakers include Al Gore, Jane Goodall, Sir Ken Robinson, and Soledad O'Brien.

Project-based learning

Working on a small international team, you'll use the design-thinking process to create and present solutions to a global challenge.

Change you can feel

From innovative thinking to public speaking, every moment at an EF Summit is designed to inspire growth.

YOUR EXPERIENCE INCLUDES

Full-time Tour Director; 3 sightseeing tours led by expert, licensed local guides; 2 experiential activities; entrance fees for flamenco show, Prado, Park Güell, La Sagrada Família, bike tour, Camp Nou; conference registration; weShare; round-trip flights on major carriers; comfortable motorcoach; hotels with private bathrooms; breakfast and dinner daily; lunch on days 4 & 5



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Innovate.
Collaborate.
Dance break.
Repeat.



Day 1: Fly overnight to Germany

Day 2: Berlin

- Meet your Tour Director at the airport in Berlin, the capital of Germany. Known for vibrant art and sustainable living, this progressive city also has strong ties to sports and wellness. In addition to the 1936 Olympics, Berlin hosted the 2006 FIFA World Cup Final and is home to the annual Berlin Marathon.
- Stroll through the city on a walking tour. Discover the prevalence of active lifestyles in Berlin, and start to understand why sports are so important to the local communities.

Day 3: Berlin | Leadership Conference

- Take an expert-led tour of Berlin to see the Brandenburg Gate, Kurfürstendamm, and remains of the Berlin Wall.
- Kick off your leadership conference experience.

Days 4–5: Leadership Conference in Berlin

The conference continues as you connect with other students and educators in this inspiring and innovative setting. Over the course of the conference, you'll hear from world-renowned speakers, work with local and global experts, and collaborate with peers in small international teams. Using the design-thinking process, students will develop solutions related to well-being.

Day 6: Berlin | Madrid

- Board your flight to Spain's capital city. Boasting three teams in the first division and some of the best players in the world, Madrid is paradise for soccer lovers.
- Stroll through the city with your Tour Director to see Plaza Mayor and Mercado de San Miguel.

Day 7: Madrid

- Explore Madrid with an expert local guide. Visit Puerta del Sol, the heart of the city, and experience the energy of Madrid's bustling boulevards.
- Participate in an activity with locals to gain insight into how *fútbol* bridges cultures and communities.
- Feel the beat during a flamenco performance, a fiery dance characterized by intricate footwork and clapping displays.

Day 8: Madrid | Barcelona

- Explore the Prado Museum, where you can admire paintings like Velázquez's *Las Meninas* and Goya's paired canvases.
- Take a high-speed train to Barcelona, home to one of the most popular *fútbol* clubs in the world: FC Barcelona.

Day 9: Barcelona

- Take an expert-led tour of the city. Enjoy panoramic views of the harbor from atop Montjuïc and wander through the Gothic Quarter.
- Marvel at the landscaped greenery and playful mosaics on a guided visit to Park Güell.
- Step inside Gaudí's La Sagrada Família, where architecture, religion, and nature intersect. With an expert local guide, explore the massive basilica that has been under construction for over a century.

Day 10: Barcelona

- Get your mind and body moving on a bike tour of the city with members of EF's pro cycling team.
- Tour Camp Nou, the stadium where FC Barcelona plays, and imagine yourself scoring a goal in front of nearly 100,000 soccer fans.
- Enjoy some free time to continue exploring Barcelona.

Day 11: Depart for home

Head to the airport with more knowledge of what motivates you and what matters to others, along with the skills needed to make a difference back home.



Experience the grand architecture, world-class athletics, and fresh Spanish flavors of Madrid.



Tour Camp Nou, the largest stadium in Europe and home of FC Barcelona.

JOIN A GLOBAL COMMUNITY. MAKE A LASTING IMPACT.

EF Global Leadership Summits help today's students become tomorrow's leaders. It's immersive travel, meets three-day student leadership conference, meets change you can see and feel—and it doesn't stop there.

Each Summit has a unique theme that challenges students to tackle a significant global issue. This programming goes hand-in-hand with specially designed educational tours, where students will experience eye-opening destinations from an entirely new perspective.

So, what does learning look like for students at an EF Summit?

- **Finding what motivates you.** Explore global topics alongside world-renowned speakers and while attending expert-led workshops.
- **Discovering what matters to others.** Collaborate in international teams to prototype innovative solutions to global challenges. The top teams will pitch their ideas on stage to earn a spot in the Nobel Prize Museum in Stockholm, Sweden.
- **Using it all to make a difference.** Bring these lessons home with you to create positive change in your own community. You can also further deepen your Summit experience by enrolling in an exclusive online course through Southern New Hampshire University that will earn you three transferable college credits.

When you join a Global Leadership Summit, you join an awesome and inclusive community of global citizens. Let's come together to see what we're capable of.

Visit eftours.com/summithighlights to see our past Summits in action.

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