



EDUCATIONAL
TOURS

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This is also your tour number

DISCOVER ECUADOR

9 or 12 days | Quito | Riobamba | Baños | Tena | with extension to Quito

From towering waterfalls to dreamy cloud forests, Ecuador is where Mother Nature did some of her best work. In this lush South American sanctuary, nestled between Colombia and Peru, journey past volcanoes in the central Andes, hike through the Ecuadorian rainforest, and hold on tight during a whitewater rafting adventure. You'll also experience the country's rich culture, from meeting indigenous people in the Amazon to dining with locals in the Andes.

EVERYTHING YOU GET:

-  **Full-time Tour Director**
-  **Sightseeing:** 2 sightseeing tours led by your Tour Director
-  **Entrances:** Compañía de Jesús church; Intiñan Museum; community visit; Devil's Cauldron; cooking class; *Melcocha* workshop; Sendero de los Sauces hike; salsa lesson; indigenous visit; whitewater rafting; Amazon night; artisan market visit; *with extension:* *Yunguilla* community visit; *Cotopaxi* Volcano; *Papallacta* hot springs and hike
-  **Experiential learning:** Cultural immersion activities
-  **Personalized learning guide:** Our personalized learning experience engages students before, during, and after tour, with the option to create a final, reflective project for academic credit.
-   **All of the details are covered:** Round-trip flights on major carriers; comfortable motorcoach; 7 overnight stays in hotels; breakfast and dinner daily; lunch on Days 3, 6, and 7
-  



Anyone can see the world.

YOU'RE GOING TO EXPERIENCE IT.

As you can see, your EF tour includes visits to the places you've learned about in school. That's a given. But it's so much more than that. Immersing yourself in new cultures—surrounded by the people, the language, the food, the way of life—creates inspirational moments that can't be listed in an itinerary. They can only be experienced.

And the experience begins long before you get your passport stamped and meet your Tour Director in your arrival city. It begins the moment you decide to go. Whether it's connecting with other travelers on Facebook, Twitter, or Instagram, or delving deeper into your destinations with our personalized learning experience, the excitement will hit you long before you pack your suitcase.

When your group arrives abroad, everything is taken care of so you can relax and enjoy the experience. Your full-time Tour Director is with your group around the clock, handling local transportation, hotels, and meals while also providing their own insight into the local history and culture. Expert local guides will lead your group on sightseeing tours, providing detailed views on history, art, architecture, or anything you may have a question about.

When your journey is over and you're unpacking your suitcase at home, you'll realize the benefits of your life-changing experience do not end. They have just begun.

@EFtours I attribute my college semester abroad to the love for travel I discovered on an EF Tour in high school #traveltuesday

– MELISSA, TRAVELER



CHECK OUT WHAT A TOUR IS ALL ABOUT

Watch the videos at eftours.com/

Your teacher's Tour Website



Learn about Ecuador from expert local guides



Napo Province rainforest



Equatorial line in Quito

What you'll experience on your tour

Day 1: Fly to Ecuador

- Meet your Tour Director at the airport in Quito, the Ecuadorian capital carved into a narrow plateau high above the Andean valleys, beneath the peaks of the Pichincha Volcano.

Day 2: Quito

- On your guided sightseeing tour, explore the colonial quarter of Quito, where wrought-iron balconies and majestic stone pillars grace 300-year-old plazas, churches, and palaces. The area was declared a UNESCO World Heritage Site in 1978.
- See Independence Plaza and the Government Palace.
- Visit the Compañía de Jesús church, a Baroque marvel with an ornate interior decked in gold leaf.
- Visit the Intiñan Museum, where you'll discover how the Incas determined the location of Earth's center.
- Take an excursion to the equatorial line. If you've ever wanted to stand in both hemispheres at the same time, this is your chance.

Day 3: Quito | Riobamba

- Travel to Riobamba.
- Visit a rural community and enjoy lunch with the locals.

Day 4: Riobamba | Baños

- Travel to Baños.
- Climb the winding staircase alongside the massive Devil's Cauldron waterfall. Be prepared to get wet!
- Try your hand at making traditional Ecuadorian dishes during a cooking class.

Day 5: Baños

- Take a tour of Baños and see the New and Old Cathedrals.
- Learn how *melcocha* is made and shaped at a local candy workshop.
- Hike through the Baños forest along the Sendero de los Sauces.
- Participate in a salsa dance lesson.

Day 6: Baños | Tena

- Transfer to Tena, a city in the Amazon rainforest and the charming capital of the Napo Province. Nicknamed "the cinnamon capital," the city is home to a popular spice known to the region since Incan times called *ispinku*. Today, the spice is a key ingredient for traditional specialties like *mazamorra morada*, or purple pudding.
- Hike to a small indigenous village to immerse yourself in local culture and customs.

Day 7: Tena

- Enjoy a whitewater rafting excursion.
- Participate in a traditional Amazon night where you will partake in a shamanistic ritual, enjoy live music, and dance around a bonfire.

Day 8: Tena | Quito

- Travel to Quito.
- You'll have the opportunity to shop for handmade goods and other souvenirs crafted by the area's local residents at one of the largest craft markets in Quito.
- Transfer to the airport for your overnight flight home.

Day 9: Arrive home

☪ 3-DAY TOUR EXTENSION

Day 9: Quito

- Take an excursion to Yunguilla, a sustainable development community in the cloud forest.
- Explore reforestation areas now protected by the community.
- Stop for a photo at Pululahua Volcano.

Day 10: Quito

- Experience Ecuador's wealth of volcanic history during an excursion to Cotopaxi National Park with a short hike in the shadow of Cotopaxi volcano.

Day 11: Quito

- Go for a hike alongside the Papallacta river and relax in the area's hot springs.
- Transfer to the airport for your overnight flight home.

Day 12: Arrive home

Traveling to Quito in Ecuador was an amazing experience. Quito is a unique city with lots to see.

– JOHN, GROUP LEADER

“ Tour review

This trip was so awesome. Now I want to live in Ecuador.

– RACHEL, TRAVELER

“ Tour review

TOP THREE THINGS I WILL SEE, DO, TRY, OR EXPLORE

1. _____
2. _____
3. _____

— The easiest ways to —
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My daughter has gained such an amazing view of the world and history from this experience. She has not stopped talking since I picked her up at the airport. Thank you for all the organization, helpful hints, flexible payment plan, and knowledgeable tour guides.

—CHARLOTTE, PARENT OF TRAVELER

“ Tour review

THE WORLD LEADER IN INTERNATIONAL EDUCATION

For over 55 years EF has been working toward one global mission: *Opening the World Through Education*. Your teacher has partnered with EF because of our unmatched worldwide presence, our focus on affordability, and our commitment to providing experiences that teach critical thinking, problem solving, collaboration, and global competence. What's more:

- **We always offer the lowest prices** so more students can travel.
- **We're fully accredited, just like your school**, so you can earn credit while on tour.
- **All of our educational tours feature experiential learning activities** and visits to the best sites.
- **We're completely committed to your safety.** We have more than 600 schools and offices in over 50 countries around the world, so local EF staff members can react quickly and in person wherever you travel.
- **Your full-time Tour Director is with your group** every step of the way on tour, providing insight about your destinations as well as great local tips.



EducationFirst