



EDUCATIONAL  
TOURS



GLOBAL LEADERSHIP SUMMIT:  
CREATING A SUSTAINABLE FUTURE

## Lisbon, Porto & Leadership Conference

Wind your way along the Atlantic coast, experiencing the cosmopolitan flair of Lisbon alongside the rustic charm of rural Portugal. Learn about Porto's global trading port, its supply chains, and the natural resources involved. Discover the role the ocean has played in Portuguese history and traditions, and explore sustainability efforts aimed toward preserving under-water ecosystems. Continue on to Berlin where you'll focus on *Creating a Sustainable Future* with other students and teachers at the 2023 Global Leadership Summit.

13 DAY TOUR: JULY 6–18, 2023

# Creating a Sustainable Future

Our world is constantly changing, along with our priorities, our plans, and our future. When it comes to building a sustainable future, what we do today matters. The first step? Defining what sustainable living means for you—whether it's promoting peace and justice, protecting education and the environment, or preserving language and culture. Our 2023 Global Leadership Summit will explore the importance of *Creating a Sustainable Future* and the power we have to create long-term change through our daily actions. Sound big? It is. But together, our impact is bigger.

## WHAT TO EXPECT ON A SUMMIT

### Immersive travel

Explore Europe on an immersive educational tour centered around *Creating a Sustainable Future* in eye-opening destinations.

### Thought leaders among us

Learn from experts like Al Gore, Google, Jane Goodall, UNICEF, and Sir Ken Robinson during engaging workshops and discussions.

### Project-based learning

Working on a small international team, you'll use the design-thinking process to create and present solutions to a global challenge.

### Change you can feel

From innovative thinking to public speaking, every moment at an EF Summit is designed to inspire growth.

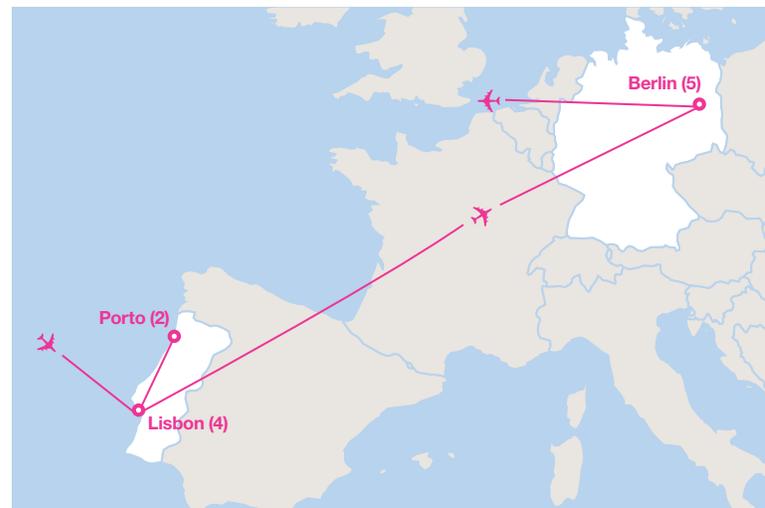
## YOUR EXPERIENCE INCLUDES

Full-time Tour Director; 4 sightseeing tours led by expert, licensed local guides; 4 experiential activities; entrance fees for Mosteiro dos Jerónimos, Pena Palace, Quinta da Regaleira, Torre dos Clerigos, Douro River cruise, Chapel of Bones, Topography of Terror Museum; conference registration; round-trip flights on major carriers; comfortable motorcoach; hotels with private bathrooms; breakfast and dinner daily; lunch on days 11 & 12



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Innovate.  
Collaborate.  
Dance break.  
Repeat.



### Day 1: Fly overnight to Portugal

Pack your bags (and a reusable water bottle!) and board your overnight flight to Lisbon.

### Day 2: Lisbon

- Meet your Tour Director at the airport in Lisbon. Discover the importance of conserving and protecting aquatic ecosystems as you explore this seaside community.
- Take a walking tour of Lisbon.

### Day 3: Lisbon

- Take a guided tour of Lisbon. With an expert local guide you will see Torre de Belém and Padrão dos Descobrimentos, monuments symbolic of the city's proximity to the sea.
- Visit the Mosteiro dos Jerónimos, a former monastery that represents the era of discovery that shaped this city's identity.
- During a photo stop, enjoy a panoramic view of Lisbon's red-tiled roofs.
- Participate in an activity focused on *Creating a Sustainable Future*.

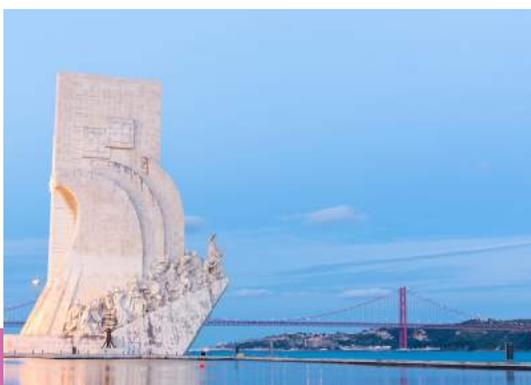
### Day 4: Lisbon

- Travel to the hillside town of Sintra, referred to by Lord Byron as "glorious Eden." Today, the town embodies the values of cultural and environmental conservation.
- Tour the Quinta de Regaleira palace with an expert local guide.
- Visit the Palácio Nacional da Pena, home to over five hundred different species of trees.



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Running through the city of Porto, the Douro River plays a large role in the lives of local communities.



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See the Padrão dos Descobrimentos and explore the impact of Lisbon's proximity to the water.

### Day 5: Lisbon | Porto

- Travel to Porto, a port city clinging to rocks carved by the Douro River, a major water resource used to generate hydroelectric power. Discover both the cosmopolitan and old-world ambiance of Portugal's "second city," now a UNESCO World Heritage Site.
- Engage in an activity focused on sustainability.

### Day 6: Porto

- Take an expert-led tour of Porto. See the remains of ancient city walls and the Porto Cathedral, one of the oldest surviving structures there.
- Climb the 225 steps to the belfry of the Torre dos Clérigos for breathtaking views of Porto and the Douro River. This tower was once a navigation point for boats entering the river on trading routes.
- Cruise through the Douro River Valley, famous for its steep-terraced vineyards.

### Day 7: Porto | Évora | Lisbon

- Travel via Évora to Lisbon, and discover why Évora is known for its commitment to becoming Portugal's leading city in renewable energy.
- Take an expert-led tour of Évora, including the ominous Chapel of Bones.

### Day 8: Lisbon | Berlin

- Fly to Berlin, the vibrant capital of reunified Germany. The city has been transformed since the Berlin Wall fell in 1989 and is now a trailblazer in adopting sustainable living practices.
- Stroll through the city on a walking tour. While catching sights of Baroque buildings and skyscrapers, you'll see why this city is recognized for its green spaces and environmentally friendly transportation.

### Day 9: Berlin

- Take an expert-led tour of Berlin to see the Brandenburg Gate, Kurfürstendamm, and remains of the Berlin Wall.
- Stop at Checkpoint Charlie and visit the Topography of Terror Museum.
- Take an excursion to a working urban farm to learn about city agriculture. During this visit, you'll explore Berlin's sustainable food and farming practices.

### Days 10–12: Leadership Conference in Berlin

The leadership conference officially begins as you connect with other students in this inspiring and innovative setting. Over the course of the conference, you will hear from world-renowned keynote speakers, work with local and global experts, and collaborate with peers in small international teams. Using the design-thinking process, teams will develop solutions focused on *Creating a Sustainable Future*.

### Day 13: Depart for home

Head to the airport ready to address local challenges and initiate meaningful conversations back home.

## JOIN A GLOBAL COMMUNITY. MAKE A LASTING IMPACT.

EF Global Leadership Summits help today's students become tomorrow's leaders. It's immersive travel, meets three-day student leadership conference, meets change you can see and feel—and it doesn't stop there.

Each Summit has a unique theme that challenges students to tackle a significant global issue. This programming goes hand-in-hand with specially designed educational tours, where students will experience eye-opening destinations from an entirely new perspective.

### So, what does learning look like for students at an EF Summit?

- **Finding what motivates you.** Explore global topics alongside world-renowned speakers and while attending expert-led workshops.
- **Discovering what matters to others.** Collaborate in international teams to prototype innovative solutions to global challenges. The top teams will pitch their ideas on stage to earn a spot in the Nobel Prize Museum in Stockholm, Sweden.
- **Using it all to make a difference.** Bring these lessons home with you to create positive change in your own community. You can also further deepen your Summit experience by enrolling in an exclusive online course through Southern New Hampshire University that will earn you three transferable college credits.

When you join a Global Leadership Summit, you join an awesome and inclusive community of global citizens. Let's come together to see what we're capable of.

Visit [eftours.com/summithighlights](https://eftours.com/summithighlights) to see our past Summits in action.

## SPACE IS LIMITED

Please ask your teacher for your tour number and visit [eftours.com](https://eftours.com) to get started or sign up.

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### Enroll by phone

800-665-5364