



## Educational Tours



### MEANINGFUL. SUSTAINABLE. UNFORGETTABLE.

High up in the mountains where rolling greens lead to snow-capped peaks, you'll journey into the remote villages surrounding Cuzco. As you explore the heart of Incan civilization, you'll learn how locals preserve their history, art and heritage, while also gaining insight into the challenges they face. Working together with community members, you'll build long-term solutions to support economic sustainability, agriculture and access to education. As you foster meaningful relationships within the community, you'll celebrate customs and help empower a village for generations to come.

10

Estimated  
service hours

#### YOUR SERVICE PROJECT THEMES

We work with local non-profits to better understand the needs of each community and then focus projects on those issues. Themes include:

- Sustainable Community and Economic Development
- Education
- Health and Wellness

# COMMUNITY DEVELOPMENT IN PERU'S MOUNTAIN VILLAGES

10 days, estimated 10 service hours

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## What to expect on this Service Learning Tour

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### MEANINGFUL SERVICE

Working side-by-side with locals, you'll gain insight into the challenges they face and build lasting solutions to help empower the community.

#### Projects include:

- Building and restoring local schools for children to have a safe place to learn
- Assisting with health and hygiene lesson plans for teachers and school children
- Digging latrines and hand-washing stations in the community

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### CULTURAL IMMERSION

Live just outside the communities you serve—celebrating customs and forming lasting connections with locals.

#### Activities include:

- Exploring the ancient Inca site of Machu Picchu
- Visiting renowned ceramicist Pablo Seminario's workshop and gaining insight into the unique intricacies of his art

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### LEADERSHIP DEVELOPMENT

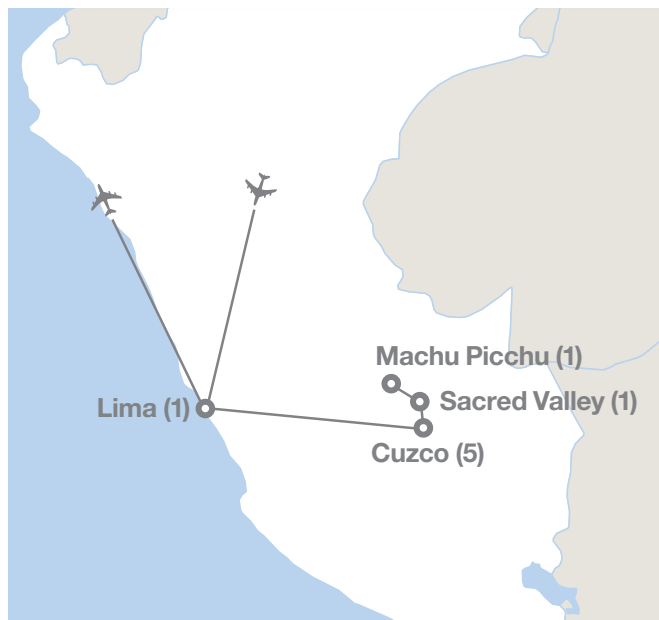
Your Field Director takes your global service experience even further, developing and strengthening leadership skills through activities and workshops.

#### Exercises include:

- Investigating global issues, exploring social justice and building leadership skills
- Contextualizing the day's events through thoughtful discussion and group dialogue
- Reflective journaling to deepen the service experience



Students prepare mud bricks to be used in the building of green houses.







Many hands make light work as students transport beams to the project site



Students explore the ancient Incan site of Machu Picchu

## 10-DAY ITINERARY

### Day 1: Arrive in Lima

Meet your Field Director at the airport.

### Day 2: Sacred Valley of the Incas

Fly to Cuzco, the unofficial capital of the Sacred Valley of the Incas. Then transfer to the Sacred Valley.

- Tour the home and studio of famed ceramicist, Pablo Seminario, and watch a live pottery demonstration.

### Day 3: Machu Picchu

Travel by train to Aguas Calientes.

- Explore the ancient Inca site of Machu Picchu with your local guide.
- Take an afternoon hike to the Sun Gate or explore the site in groups.

### Days 4: Cuzco

Travel by train to Ollantaytambo then continue by bus to Pisac, the gateway to the Sacred Valley of the Incas.

- Visit the famous Pisac Market known for its local crafts.

### Day 5: Cuzco

- Enjoy a walking tour of the city and a local market.
- Visit the village where your service project will take place and participate in a program orientation and welcome.

### Days 6-8: Service Project—Cuzco

As communities evolve so do their needs.

That's why we work closely with local non-profits to better understand each community's issues. Since projects are determined closer to your actual tour date, here's a glimpse at what a typical day might look like.

- Working side by side with locals, your projects will address education, health and economic development, like restoring local schools and building hand-washing stations.

- Throughout your stay you'll also be immersed in cultural activities.
- Each evening, you'll reflect, discuss events as a group and draw connections between the day's work and relevant global issues.

### Day 9: Lima—Depart for home

Return to Lima on a morning flight, then board your evening flight home.

### Day 10: Arrive home



## LOCAL INSIGHT AND SUPPORT

Your Field Director deepens your connection to the land, people and indigenous culture. With local perspective on community challenges and skilled training in service leadership, they'll provide insight and global context, as they:

- Lead skill-building workshops and meaningful group reflections
- Connect you with local non-profits and nearby villages
- Facilitate group orientation and safety training
- Handle all on-tour details, from meals to transportation



**Everything you get:** 8 overnight stays in hotels; Round-trip flights on major carriers; Daily breakfast and dinner, as well as lunch on days 5-8; Local ground transportation; Full-time Field Director; Sustainable service projects; Service hours that count towards academic credit; Sightseeing tours led by expert guides; Entrance fees





Students say their goodbyes to new friends in the community they've served



A student and local child share a conversation as they build desks for the new school



The roof of a green house is finalized by students and locals

## Your partner in global education

### EF EDUCATIONAL TOURS

For over 50 years, EF has worked with educators across the world to help millions of students become citizens of the world through one global mission: Opening the World Through Education. With more than 500 schools and offices in over 50 countries, our staff can respond in person wherever you are, 24 hours a day. We're also an accredited educational institution, offering students the option to earn high school and college credit.

### ABOUT SERVICE LEARNING TOURS

On an EF Service Learning Tour, you and your students work side by side with locals on community-driven projects in Africa, Asia or the Americas. EF partners with established non-profits and NGOs—such as the Mariposa Foundation and Free The Children—to make sure your contributions are both meaningful and sustainable. Through hands-on work and deep exposure to the local culture, students learn vital collaboration and problem-solving skills. They return inspired to make a difference at home, too.

### START PLANNING

To enroll on this tour, ask your teacher for the tour number and visit [eftours.com/enroll](http://eftours.com/enroll) or call 800-665-5364