

Japan is an island-nation of contrasts. Neon lights pulse and shine on century-old temples, monks walk alongside anime cosplayers, and Zen meditation is practiced in the same parks that people take selfies. It may sound chaotic, but Japan has perfected the balance of ancient and modern. A better understanding of Buddhism and Shinto, higher truth, or just a measure of inner peace await you on this meditative journey through the tranquil side of Japanese culture.

EVERYTHING YOU GET:



Full-time Tour Director



Sightseeing: 2 sightseeing tours led by expert, licensed local guides; 1 walking tour



Entrances: Golden Pavilion; Kiyomizu Temple; International Manga Museum; Gassho-zukuri Minkaen Open Air Museum; Kanazawa castle; Gold-leaf chopstick activity; with extension: Glover Garden; Dejima Port



Experiential learning: Zen meditation; Takayama morning market challenge; Akihabara electric town scavenger hunt



weShare: Our personalized learning experience engages students before, during, and after tour, with the option to create a final, reflective project for academic credit.







All of the details are covered: Round-trip flights on major carriers; comfortable motorcoach; bullet train; 8 overnight stays in hotels with private bathrooms (11 with extension); breakfast and dinner daily





Anyone can see the world.

YOU'RE GOING TO EXPERIENCE IT.

As you can see, your EF tour includes visits to the places you've learned about in school. That's a given. But it's so much more than that. Immersing yourself in new cultures—surrounded by the people, the language, the food, the way of life—creates inspirational moments that can't be listed in an itinerary. They can only be experienced.

And the experience begins long before you get your passport stamped and meet your *Tour Director* in your arrival city. It begins the moment you decide to go. Whether it's connecting with other travelers on Facebook, Twitter, or Instagram, or delving deeper into your destinations with our personalized learning experience, *weShare*, the excitement will hit you long before you pack your suitcase.

When your group arrives abroad, everything is taken care of so you can relax and enjoy the experience. Your full-time Tour Director is with your group around the clock, handling local transportation, hotels, and meals while also providing their own insight into the local history and culture. *Expert local guides* will lead your group on sightseeing tours, providing detailed views of history, art, architecture or anything you may have a question about.

When your journey is over and you're unpacking your suitcase at home, you'll realize the benefits of your life-changing experience do not end. They have just begun.

@EFtours I attribute my college semester abroad to the love for travel I discovered on an EF Tour in high school **#traveltuesday**

-MELISSA, TRAVELER





CHECK OUT WHAT A TOUR IS ALL ABOUT

Watch the videos at **eftours.com/**











What you'll experience on your tour

Day 1: Fly overnight to Japan

Day 2: Osaka

- Meet your Tour Director at the airport in Osaka.

Day 3: Kyoto

- Travel to Kyoto, a city that conjures up images of sunlit walks around tiered pagodas and quiet lakes lined with cherry blossom trees.
- Take an expertly guided tour of Kyoto. As the national capital for over a millennium, Kyoto offers you a unique glimpse into the history of Imperial Japan.
- Visit the tranquil Golden Pavilion, a Zen Buddhist temple painted in delicate gold leaf.
- Visit Kiyomizu Temple, a Buddhist temple and UNESCO World Heritage Site.
- Enjoy free time in Kyoto for lunch.
- Visit Fushimi Inari Shrine, located near the base of the Inari mountain. Originally constructed to honor the god of rice, the elaborate complex features stone foxes, the known messengers of Inari.

Day 4: Kyoto

- Learn about the history of animation and manga in Japan at the International Manga Museum.
- Enjoy free time to explore Kyoto or visit Osaka.
- Enjoy an evening reflection on the banks of the Kamo River.

Day 5: Takayama

- Travel to the small mountain town of Takayama.
- Enjoy free time for lunch.
- Take a deep breath and relax during a guided Zen meditation experience.

Day 6: Takayama | Shirakawa-go | Kanazawa

- Visit the Takayama morning market, a market that has occurred every day for centuries.
- Travel to Kanazawa.
- Learn about Samurai-style mountain architecture at the Minkaen Outdoor Museum.

Day 7: Kanazawa

- Visit Kanazawa Castle for a look at feudal Japanese life and architecture.
- Learn the six qualities of the perfect landscape garden at Kenroku-en Garden.
- Discover how gold-leaf is created, then make your own gold-leaf chopsticks to take home.

Day 8: Tokyo

- Travel to Tokyo via bullet train.
- Visit the Imperial Palace Plaza with your Tour Director.
- Tour Harajuku Fashion Street and Meiji Shrine with your Tour Director.
- Time to see more of Tokyo or
 enjoy an evening of karaoke.

Day 9: Tokyo

- Enjoy a traditional Japanese tea ceremony.
- Tour Akihabara's electric town and participate in a scavenger hunt.
- Visit Asakusa Temple.

Day 10: Depart for home

9 3-DAY TOUR EXTENSION

Day 10: Nagasaki

- Fly to Nagasaki.
- Visit the Nagasaki Peace Park and Museum.
- Reflect on your travels and learn how to fold a paper crane.

Day 11: Nagasaki

- Tour Nagasaki with an expert local guide.
- Visit Glover Garden, a Western-themed garden and estate built for a merchant that helped modernize Japan's industries.
- Visit Dejima, a complete reproduction of the Tokugawa-era Port Nagasaki, the only harbor foreign ships were allowed to enter until the mid-1800s.

Day 12: Tokyo

- Fly to Tokyo.
- Participate in a calligraphy activity.
- Explore the Shibuya district of Tokyo.

Day 13: Depart for home

This was an amazing trip! I highly recommend it to everyone! We saw and experienced so many things. Japan is a beautiful country with very welcoming people. Looking forward to my next EF Tour!

- JENNIFER, GROUP LEADER



This was the best trip I have ever been on. Japan was absolutely beautiful and so very clean. The dining experiences were fascinating and something I would like to dive into again. Although if you like sushi, then the food is way better than what I thought. The shopping in Kyoto and Tokyo were fantastic (I wish I took more money with me). Everything in Japan is just so... so...efficient!

- SAMANTHA, TRAVELER



TOP THREE THINGS I WILL SEE, DO, TRY, OR EXPLORE

1.			
2.			
3.			

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Our child came home a citizen of a global community with a greater understanding of their part in the world. Now, they understand that there is so much more out there than our everyday.

-CHARLOTTE, PARENT OF TRAVELER



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