

# Global Student Leaders Summit



# The Future of Food

**ITALY 2017** 

## France & Italy

June 29 – July 10, 2017

How can we understand how food has made us who we are today, and how it shapes our future? These questions come to life in Italy and across Europe, where we'll consider how what we eat shapes our culture, environment and economy. During our Summit, we'll discover food's ability to connect people, and present solutions to help feed our growing world.

On this tour, discover how France and Italy's world-famous culinary methods are combining tradition with technology—and what it means for the future of food. Investigate how Paris feeds its ever-growing population and later, discover Lyon's simple yet sophisticated approach to cuisine as you try your hand at a cooking class. Could modern innovation and European food history be a recipe for success?

### What you'll experience on the Italy Summit:

#### **IMMERSIVE TRAVEL**

Touring Europe brings the Future of Food theme to life as students gain knowledge and hands-on experience through cultural activities.

#### THOUGHT LEADERSHIP

World-renowned speakers and experts on the Future of Food lead discussions and workshops to inspire and educate students. Past Summit speakers have included Al Gore, Jane Goodall, and Sir Ken Robinson.

#### DESIGN THINKING

Small international teams of students learn the design thinking process and then use it to propose solutions to today's most pressing global challenges.

#### ONLINE LEARNING

weShare, our online learning platform, gives students a place to research, reflect, and share their projects pre and post-tour.

Space is limited.

Please ask your teacher for your tour number and visit eftours.com or call 800-665-5364 to get started or sign up.



PARIS FRANCE FRANCE LYON PROVENCE REGION TALY

#### Days 1-4: Paris

Meet your Tour Director at the airport in Paris, the City of Light. During your stay, you'll get a taste of Parisian culture as you discover how its world-famous cuisine is combining tradition with technology—and what this means for the future of food. Discover Notre Dame Cathedral's sculptured façade and later, I.M. Pei's iconic glass pyramid on your visit the Louvre. Explore the state apartments of the King and Queen and the magnificent Hall of Mirrors at Versailles before striking a pose in front of the Eiffel Tower. Designed by Alexendre-Gustave Eiffel in 1889, the tower's completion started a revolution in civil engineering and architectural design—and earned Eiffel the nickname, "magician of iron." From here, visit a local marketplace where locally grown ingredients and fresh artisanal foods are a must-see—and taste.

#### Day 5: Lyon

Travel by TGV to Lyon, a southern city known as the gastronomic capital of France. Food and culture have intertwined throughout the city's history. Many local restaurants, known as "bouchons," have established home-style atmospheres to lure diners looking for a more casual approach to food. Here, you'll participate in a cooking class celebrating the region's hearty, traditional fare.

#### Days 6-7: Provence Region

Travel to the Provence region via Avignon, a region known for its warm Mediterranean climate and rugged landscapes that have inspired artists like Cézanne and Picasso. Visit lavender farms in Gordes before enjoying a traditional Provençal lunch—fresh herbs and a liberal helping of olive oil are incorporated into almost every dish.

#### Days 8-9: Milan

Travel through western Italy to Milan, host to the 2015 World Expo on the Future of Food. While exploring the theme of "feeding the planet, energy for life" the Expo highlighted the Slow Food Movement, which grew out of Italy in the 1980s and has since embraced an approach to food that connects plate, planet, people, politics and culture. Dive into these themes as you explore Milan, before coming together to meet your teammates and participate in a team-building activity.

#### Days 10-11: Summit Conference

The leadership conference officially begins as you connect with students from all around North America and Europe in this inspiring and innovative setting. Over the course of two days you will hear from world-renowned keynote speakers, work with local and global experts, and collaborate with peers in small international teams. You will learn the design thinking process to develop solutions for the future of food and be inspired to take action back home.

#### Day 12: Depart for home

Arrive back home, prepared to join the movement.

#### **EVERYTHING YOU GET**

Full-time Tour Director; 2 Sightseeing tours led by expert, licensed local guides; Entrance fees for Notre Dame, the Louvre, an Art Activity, a Lavender Farm, a Provencal Lunch, Pont du Gard; Experiential learning activities including a cooking class and a Paris Market Challenge; Conference registration; weShare; Round-trip flights on major carriers; Comfortable motorcoach; Hotels with private bathrooms; Breakfast and dinner daily; Lunch on Days 7, 10 & 11.

### Join the movement. Make a global impact.

When you join a Global Student Leaders Summit, you also join a global movement. These extraordinary events combine an educational tour with a two-day leadership conference, tackling significant global issues in places where they come to life, and empowering students today to start becoming leaders of tomorrow.

Each Summit has a unique destination, theme, and perspective. At every one, students explore amazing places and address important global issues. And when they return home, they are prepared to use their newly developed skills to address local challenges.

Students designed innovative solutions to global issues at these Summits:

**COSTA RICA** Addressing Environmental Sustainability

SWITZERLAND Innovation and the Future of Education

THE NETHERLANDS Exploring Human Rights

ICELAND The Future of Energy

Visit **eftours.com/SummitHighlights** to see our past Summits in action and find out how you can be a part of it.





Students develop leadership skills and build new perspectives on global issues in workshops led by thought leaders. In small international teams, they learn the design thinking process and apply their learnings to propose new solutions.