



## Educational Tours



### EXPLORING ART, CULTURE AND SERVICE IN PERU

9-12 days

#### MEANINGFUL. SUSTAINABLE. UNFORGETTABLE.

From Lima to Machu Picchu, you'll be immersed in the land and culture of Peru. Connect with local communities in the Sacred Valley and learn how they preserve their history, art and their heritage. There, you'll focus on the archaeological remains of the Inca Empire and their lasting cultural influences. While taking in the breathtaking sights from atop the mighty Andes, you'll also spend two days working in a local community on projects that support economic sustainability, local agriculture and access to education.

5

Estimated  
service hours

#### YOUR SERVICE PROJECT THEMES

We work with local non-profits to better understand the needs of each community and then focus projects on those issues. Themes include:

- Ancient Civilizations
- Cultural Continuity and Modernization
- Arts and Education

# EXPLORING ART, CULTURE AND SERVICE IN PERU

9 days, estimated 5 service hours

## What to expect on this Service Learning Tour

### MEANINGFUL SERVICE

Working side by side with locals, you'll gain insight into the challenges they face and build lasting solutions to help empower the community.

#### Projects include:

- Building local centers where women can teach tourists how to make traditional crafts, as well as sell them as a stable source of income
- Making home improvements for families in need
- Designing and planting family gardens

### CULTURAL IMMERSION

Live just outside the communities you serve—celebrating customs and forming lasting connections with locals.

#### Activities include:

- Visiting the ancient Inca site of Machu Picchu
- Meeting local ceramicists and participating in a pottery workshop where students design their own ceramic tiles
- Learning traditional weaving techniques from local artists

### LEADERSHIP DEVELOPMENT

Your Field Director takes your global service experience even further, developing and strengthening leadership skills through activities.

#### Exercises include:

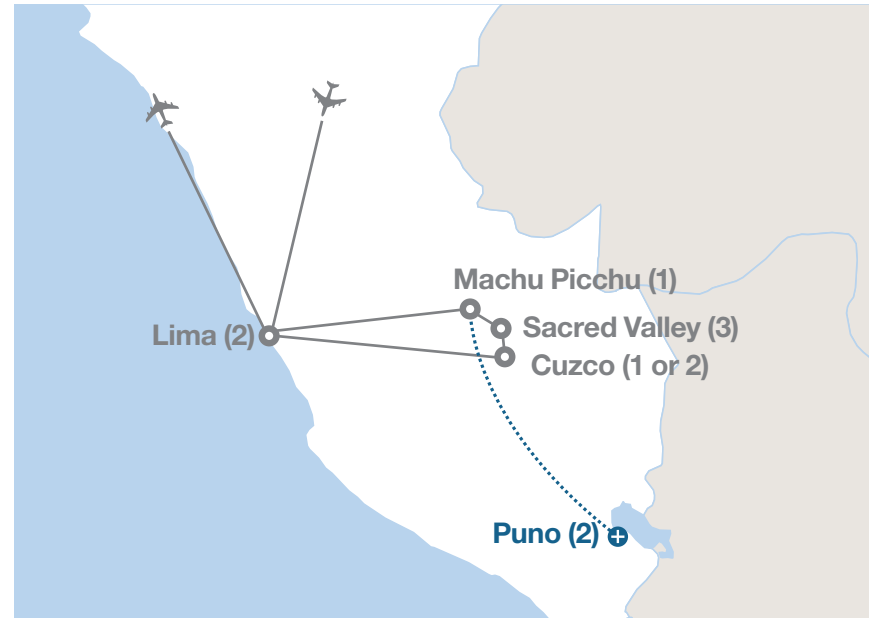
- Investigating global issues, exploring social justice and building leadership skills
- Contextualizing the day's events through thoughtful discussion and group dialogue
- Reflective journaling to deepen the service experience



Group Leader thanking the community for their hospitality



The streets of Ollantaytambo, a small town and Inca archaeological site in southern Peru



Students enjoying an excursion to Machu Picchu

### 9-DAY ITINERARY

#### Day 1: Arrive in Lima

Meet your Field Director at the airport.

#### Day 2: Lima

Take a guided tour of Peru's capital, once known as the City of the Kings.

- Visit the 17th-century San Francisco Monastery where Jude the Apostle is buried.
- Explore the Larco Museum for a look at pre-Columbian art.
- Take a walking tour of Miraflores shopping district.

#### Day 3: Sacred Valley of the Incas

Fly to Cuzco, the unofficial capital of the Sacred Valley of the Incas.

- Visit the Sacsayhuaman archaeological site.
- Learn about Peruvian pottery at the Seminario Ceramics workshop in Urubamba.

#### Day 4: Machu Picchu

Board a train for Aguas Calientes, the main gateway to Machu Picchu.

- Visit the ancient Inca site of Machu Picchu with your local guide followed by an afternoon hike with your group.

#### Day 5: Sacred Valley of the Incas

Travel by train to Ollantaytambo, an Inca archaeological site, and take a guided tour of town.

- Explore the vibrant Pisac Market known for its Peruvian crafts.

#### Days 6-7: Service Project—Sacred Valley of the Incas

As communities evolve so do their needs. That's why we work closely with local non-profits to better understand each community's issues. Since projects are determined closer to your actual tour date, here's a glimpse at what a typical day might look like.

- Explore a local community where you'll work with locals on your service project.
- Throughout your stay, you'll also be immersed in cultural activities, celebrating local customs and traditions.
- Evenings are a chance to reflect, discuss events as a group, and draw connections between the day's work and relevant global issues.

#### Day 8: Travel to Lima, International Departure

#### Day 9: Arrive home

#### Days 8-12: Cuzco / Lake Titicaca

- Add a three-day extension to Cuzco and Lake Titicaca.



### LOCAL INSIGHT AND SUPPORT

Your bilingual Field Director deepens your connection to the land, people and culture. With local perspective on community challenges and skilled training in service leadership, they'll provide insight and global context, as they:

- Lead skill-building workshops and meaningful group reflections
- Connect you with local non-profits and nearby villages
- Facilitate group orientation and safety training
- Handle all on-tour details, from meals to transportation



**Everything you get:** 7 overnight stays in hotels, 10 with extension; Round-trip flights on major carriers; Daily breakfast and dinner; Lunch on days 6-7; Local ground transportation; Full-time Field Director; Sustainable service projects; Service hours that count towards academic credit; Sightseeing tours led by expert guides; Entrance fees



Working side by side, students and community members harvest potatoes



Local woman practicing traditional weaving techniques



Local artisan working on pottery, a major source of local revenue

## *Your partner in global education*

### **EF EDUCATIONAL TOURS**

For nearly 50 years, EF has worked with educators across the world to help millions of students become global citizens by breaking down barriers of language, culture and geography. With more than 500 schools and offices in over 50 countries, our staff can respond in person wherever you are, 24 hours a day. We're also an accredited educational institution, offering students the option to earn high school and college credit.

### **ABOUT SERVICE LEARNING TOURS**

On an EF Service Learning Tour, you and your students work side by side with locals on community-driven projects in Africa, Asia or the Americas. EF partners with established non-profits and NGOs—such as the Mariposa Foundation and Free The Children—to make sure your contributions are both meaningful and sustainable. Through hands-on work and deep exposure to the local culture, students learn vital collaboration and problem solving skills. They return inspired to make a difference at home, too.

### **START PLANNING**

To enroll on this tour, ask your teacher for the tour number and visit [eftours.com/enroll](http://eftours.com/enroll) or call 800-665-5364