

Ghana

10 Days



Top things to see on tour:



Accra



African music performance



Cape Coast Castle



Volta waterfalls



Cultural workshop

DAY 1: Fly to Ghana

Number of overnight stays in parentheses. This tour may also be reversed.

Program Fee includes:

8 overnight stays at Kokrobitey

Comfortable motorcoach

• Round-trip airfare

Institute or in hotels

• 3 meals daily

DAY 2: Accra • Kokrobitey Institute

Arrive in Accra Travel to the Kokrobitey Institute Attend an introduction to the Kokrobitey Institute Attend an afternoon lecture Enjoy an African drum and dance performance

DAY 3: Kokrobitey Institute

Take a guided tour of Accra: Jamestown
– Nkrumah Mausoleum
– Black Star Square
Enjoy lunch with Ghanaian educators
or students

DAY 4: Kokrobitey Institute

Participate in a cultural workshop Attend an evening lecture

DAY 5: Cape Coast

Accra

• 1 sighseeing tour led by a licensed

• Cultural learning activities and lectures

• African drum and dance performance

Cape Coast (2)

• Full-time guide

local guide

Kokrobitey Institute (6)

Transfer to the Cape Coast Visit the Elmina Castle Visit the Cape Coast Castle

DAY 6: Cape Coast

Take a morning walk in Kakum National Park Visit the Cape Coast School for the Deaf

DAY 7: Kokrobitey Institute

Return to the Kokrobitey Institute Participate in a cultural workshop Attend an evening lecture

DAY 8: Kokrobitey Institute Explore the area wetlands by canoe

DAY 9: Kokrobitey Institute

Take an excursion to the Volta Basin Enjoy a waterfalls hike

DAY 10: Depart for home

Kokrobitey Institute

Situated on a beautiful campus at the ocean's edge, the Kokrobitey Institute is committed to promoting Ghanaian culture. Since it was founded in 1992, Kokrobitey Institute has offered programs to professional institutions, government agencies and school groups, among others. Activities at the institute center around local and sustainable development programs, focusing on environmental studies, art and design. Following an introductory overview, attend a lecture about the Ga people, the traditional rulers of the Accra and coastal regions. Finally, experience the rhythms of the local culture at a special African drum and dance performance.



African musical performance Accra, Ghana



Cultural workshop

During your cultural workshop at the Kokrobitey Institute, share the vibrant cultural traditions of the Ghanaian people. Hands-on activities may include Batik fabric dying, papermaking or calabash carving, where you decorate a hollowed gourd with intricate Ghanaian designs. You may want to try your skills with the rhythms of African drumming or the movements of African dance, discover your Ghanaian moniker at a traditional naming ceremony or learn games from the local children. You'll also have the chance to participate in community service and create meaningful cross-cultural connections that shape the way you see the world.

Drum circle Accra, Ghana

Cape Coast

Travel on an excursion to the Cape Coast and tour Cape Coast Castle. Established as a fortification site in 1653, the castle held hundreds of slaves as they awaited transfer by boat to the Western Hemisphere. Learn about the history of the slave trade in a documentary film at the castle museum. Walk the grounds of Elmina Castle. Built by the Portuguese in 1482, Elmina Castle was the first trading post on the Gulf of Guinea, and later became an important stopping point for the Atlantic Slave Trade. Today, it serves as a popular and significant historical landmark. Both castles are recognized as UNESCO World Heritage Sites.



Cape Coast Castle Cape Coast, Ghana

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