



Discover Costa Rica

9 or 12 Days



Arenal Volcano
Costa Rica



Number of overnight stays in parentheses. This tour may also be reversed.

Top things to see on tour:



Lake Arenal



Arenal hot springs



La Fortuna Waterfall



La Selva Biological Station



INBioparque

Program Fee includes:

- Round-trip airfare
- Comfortable motorcoach
- 8 overnight stays in hotels with private bathrooms (11 with extension)
- 3 meals daily (Days 2-8 and Days 9-11 on extension); dinner on arrival day and breakfast on departure day

- Full-time EF Tour Director
- Comprehensive sightseeing to natural attractions

Optional:

- Sarapiquí Canopy Tour

DAY 1: Fly to Costa Rica

Arrive in San José

DAY 2: San José • Arenal region

Visit INBioparque:

- Ecosystem exhibits and trails

Travel to the Arenal region

Visit Poás Volcano

Visit hot springs

DAY 3: Arenal region

Take a kayaking trip along Lake Arenal

Visit La Fortuna Waterfall

DAY 4: Sarapiquí

Travel to Sarapiquí

Optional: Canopy tour

DAY 5: Sarapiquí

Visit La Selva Biological Station

Take a whitewater rafting excursion on the Sarapiquí River

DAY 6: Limon Province

Travel to the Limon Province

DAY 7: Limon Province

Visit Cahuita National Park

Enjoy free time at the beach

DAY 8: San José

Travel to San José

DAY 9: Depart for home

3-DAY TOUR EXTENSION

DAY 9: Dominical

Travel to Dominical

Take an excursion to Ballena National Park

DAY 10: Dominical

Take an excursion to Manuel Antonio National Park

DAY 11: Sarchi • San José

Travel through Sarchi to San José

DAY 12: Depart for home

Arenal

Get ready for an adventure to remember in Costa Rica's Arenal region! Behold the perfect conical shape that emerges from the green hills of Alajuela: this is the fascinating Arenal Volcano. Overlooking the San Carlos plain and the Pacific lowlands, this mile-high volcano has been active for the past 7,000 years. You'll see the volcano from a different angle on your kayaking excursion. Not only does the volcano serve as a watershed for the lake, but it also provides thermal energy for the nearby hot springs. Relax in these naturally heated pools; then, walk to the bottom of the spectacular La Fortuna waterfall.



Arenal Volcano
Arenal region, Costa Rica



Exotic butterfly - INBioparque
San José, Costa Rica

INBioparque

Discover a world of biological diversity on your visit to this natural park and research station, created by the National Institute of Biodiversity. Get an up-close look into the lives of tarantulas, frogs and bees in the permanent exhibits. Then, stretch your legs and wander the park's three different ecosystem trails. Venture to the pond to check out the freshwater flora and fauna. Thousands of colorful paper-thin wings flutter around you in the butterfly garden—see if you can spot Costa Rica's native species. Stop by the Ecological Tourism Office before you leave INBioparque for further information on conservation practices and protected wildlife regions.

Limon and Cahuita National Park

Limon is situated along Costa Rica's Caribbean coast and boasts white sand beaches, coconut tree-lined streets and prehistoric rainforests. Take an excursion to Cahuita National Park. Created in 1970, this park guarantees the preservation of its beaches, marshes, mangroves and 240 hectares of coral reef. Explore the gorgeous scenery, home to tamanduas, pacas, coatis, tree-dwelling sloths, armadillos, iguanas, howler and capuchin monkeys, and keel-billed toucans. Catch a glimpse of red land crabs and bright blue fiddler crabs along the shores and the some 500 fish species found in the waters here. You can also find something else lurking in the sea—the remains of two old shipwrecks with visible cannons.



Cahuita National Park
Limon, Costa Rica

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